

A MOMENT OF PRAYER

Thursday, April 2, 2020

Sign of the Cross

Opening Prayer:

Almighty and merciful God,

look at our painful condition: comfort your children

and open our hearts to hope,

as we seek to discover your presence among us as our Father.

Through Christ our Lord. Amen.

Scripture: Mark 4: 35-41

On that day, when evening had come, he said to them, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

Reflection

Litany of Supplication

We adore you, Lord

True God and true man, truly present in this Holy Sacrament

We adore you, Lord

Our Savior, God-with-us, faithful and rich in mercy

We adore you, Lord

King and Lord of creation and history

We adore you, Lord

Winner of sin and death

We adore you, Lord

Friend of man, risen and alive at the right hand of the Father

We adore you, Lord

We believe in you, O Lord

Only begotten son of the Father, descended from Heaven for our salvation

We believe in you, O Lord

Heavenly doctor, who bend over our misery

We believe in you, O Lord

Immolated lamb, which you offer to redeem us from evil

We believe in you, O Lord

Good Shepherd, who gives his life for the flock you love

We believe in you, O Lord

Live bread and immortality medicine, that gives us eternal life

We believe in you, O Lord

Free us, O Lord

From the power of Satan and the seductions of the world

Free us, O Lord

From pride and the presumption of being able to do without you

Free us, O Lord

From the deceptions of fear and anguish

Free us, O Lord

From unbelief and despair

Free us, O Lord

From hardness of heart and the inability to love

Free us, O Lord

Save us, O Lord

From all the evils that afflict humanity

Save us, O Lord

From hunger, famine and selfishness

Save us, O Lord

From diseases, epidemics and fear of the brother

Save us, O Lord

From devastating madness, from ruthless interests and violence

Save us, O Lord

From deception, from bad information and from manipulation of consciences

Save us, O Lord

Console us, O Lord

Look at your church, which crosses the desert

Console us, O Lord

Look at humanity, terrified of fear and anguish

Console us, O Lord

Look at the sick and dying, oppressed by loneliness

Console us, O Lord

Look at the doctors and health professionals, exhausted from fatigue

Console us, O Lord

Look at politicians and administrators, who carry the weight of choices

Console us, O Lord

Give us your Spirit, Lord

In the hour of trial and loss

Give us your Spirit, Lord

In temptation and fragility

Give us your Spirit, Lord

In the fight against evil and sin

Give us your Spirit, Lord

In the search for true good and true joy

Give us your Spirit, Lord

In the decision to remain in you and in your friendship

Give us your Spirit, Lord

Open us to hope, Lord

If sin oppresses us

Open us to hope, Lord

If hatred closes our hearts

Open us to hope, Lord

If pain visits us

Open us to hope, Lord

If indifference worries us

Open us to hope, Lord

If death annihilates us

Open us to hope, Lord

Exposition and Benediction

Let's pray.

Lord Jesus Christ,

that in the admirable sacrament of the Eucharist

you left us the memorial of your Easter,

let us worship with living faith

the holy mystery of your body and your blood,

to always feel the benefits of redemption in us.

You who live and reign forever and ever. Amen.

Exposition of the Blessed Sacrament

Blessing with Blessed Sacrament

Divine Praises:

God be blessed.

Blessed be his holy name.

Blessed Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most sacred Heart.

Blessed be his precious Blood.

Blessed Jesus in the Blessed Sacrament of the altar.

Blessed be the Holy Spirit Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be your holy and immaculate conception.

Blessed be your glorious assumption.

Blessed be the name of Mary, virgin and mother.